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BRIDES

MAKEUP & SKINCARE

An Expert-Approved Skincare Routine for Glowing Skin by Your Wedding Day

These skincare treatments are considered essential by industry experts.

By Jaciyn Smock



Last Minute Treatment: JetPeel Facial

"A JetPeel facial is a non-invasive procedure that hydrates, exfoliates, and infuses all-natural serums deep into the dermal layer of the skin without damaging it. This treatment use jet aviation technology to power wash the skin, which results in an advanced clean and pain-free experience, shares Irene Reiss, president of NY Laser Outlet. This 45-minute treatment leaves the skin tightened and glowing. It can even be done the morning of your wedding since a JetPeel facial produces zero redness or irritation.

The Jet Peel Facial Is Like a Car Wash for Your Face and I've Never Looked More Hydrated

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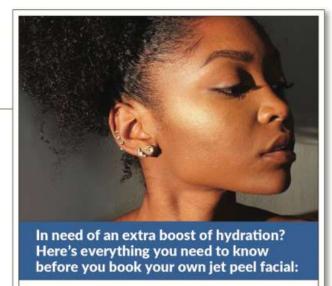
I'm a sucker for facials and will try pretty much anything if it promises hydrated, radiant skin, so when I heard about a "jet peel facial" promising plump, hydrated skin, ya girl didn't hesitate to book a session.

It sounds intense, but a jet peel facial isn't as harsh as the title suggests and is super gentle compared to a chemical peel. The process is focused on restoring hydration through the use of a powerful stream of serums that shoot out of a high-pressure machine. "It works in the opposite way of a chemical peel," Sai Demirovic, licensed esthetician and founder of Glo Spa NY, explains. "With this treatment, your skin is infused with an exfoliating serum followed by a hydrating serum. The air pressure of a jet peel treatment carries the serum about 4 millimeters deep into the skin where it then works its way up."

Lying down on the spa bed for my session with the Beauty God herself, Demirovic polled me about my skincare journey since the last time we saw each other. After a recent two-week-long skin fast, my skin was still trying to balance itself out, so Demirovic reached for a Dermalinfusion device to extract dirt and dead skin from the surface of my face using a brightening serum that combats dull, uneven skin tone. At the end of the facial, Demirovic showed me a jar of all the oils and dead skin she pulled from my face (ew) and I was floored. The brightening serum was originally clear but turned grey and was filled with tiny dead skin particles after all that gunk was suctioned from my skin.

"People think extractions are the most important part of a facial but it's really removing all the crap from the top of your skin because once it can breathe, your skin can kind of balance out," she explained. Then, things got a little cold. It was finally time for the actual peel, which uses a detox water made of aloe, saline solution, sodium lactate and silver oxide, all of which help to remove dead skin cells and detox pores. Have you ever put your fan on high speed and place your face right in front of it as a child? That's how the air felt brushing against my skin. It also felt a little tingly as Demirovic pressure-washed my face with the device (the distance of the device can be adjusted if it becomes to painful, especially for sensitive skin), but it wasn't overbearing and started to feel good after a few minutes.

From there, Demirovic exfoliated my skin using a mandelic and salicylic acid serum, a gentler serum for jet peel first-timers, acne-prone and oily skin since its packed with antibacterial properties. To finish up, Demirovic asked me to choose from an assortment of serums, so I chose a brightening serum formulated with a high concentration of Vitamin C to give my skin a healthy glow from the inside out. Demirovic recommended not washing my face or putting on any makeup for up to six hours to allow the serum to really seep into the skin. I left Glo Spa feeling like a car fresh out of a hand car wash. My face was clean, buffed to perfection, and shining, shining, shining, shining.



Your skin doesn't actually peel.

Your skin won't dry out the way it would with a chemical peel, in fact, with jet peels, the skin remains hydrated while your acne spots dry up."

Jet peel facials are great for all skin types.

According to Demirovic, jet peel facials work wonders for people with severe dry skin, sensitive skin and acne-prone skin.

You can do a jet peel facial weekly.

To jump-start the process, it's good to do a jet peel once a week for about four to six times, then maintain with monthly treatments.

There is no downtime.

Unless, of course, you have really sensitive skin. "For most people, there is no downtime, but if you have really sensitive skin you can be red for a few minutes following treatment, which subsides pretty fast," Demirovic says.

How soon can you start to see results?

"You will begin to see the results just after one day," Demirovic claims. "You will notice your skin is bouncier, hydrated and if you had an acne breakout, you can see the pimples begin to get smaller by the day."

Can you get a jet peel and another facial in the same week?

"Yes, jet peels can be done with any other facial in the same week, even in the same day to improve the results of another facial," Demirovic says. "I sometimes do a mini jet peel after laser facials to cool the skin and after microneedling to add a boost of hydration.



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WHO WHAT WEAR

SKIN

Jennifer Aniston and Uma Thurman Love This Jet Peel Facial, So I Tried It

by ANNA LAPLACA





POPSUGAR.

What Is a Jet Peel Facial?

I Tried a Jet Peel Facial and Had My Skin Irrigated and My Blackheads Vacuumed Out



So, when I heard about the brand-new jet peel facial at Erase Spa in NYC, I had no qualms about trying it, and became even more intrigued when I learned about its origins. It's called "jet peel" because it was designed by a jet engineer, and the force behind it is just like it sounds: extremely powerful. Erase Spa founder Lisa Guidi calls it "needle-less microneedling" because the device can open up the skin without even touching it. "The jet stream is so strong, it penetrates the skin and allows the subdermal layer to absorb what we're infusing it with," she explains. Penetrating the skin without even touching it? I was apprehensive, but so excited (as you can tell by my prefacial photo above.)





HOME > BIZ > SPOTLIGHT

Oscar Night Calls For Buzzy Beauty Treatments



The Edition Custom Facial is popular pre-awards at the Spa at the West Hollywood Edition (\$650, editionhotels.com). "We use a Jet Peel device to thoroughly exfoliate and infuse hyaluronic acid-based serums into the deeper layers of the skin, which creates plumping and lasting hydration."



IMAGE

BEAUTY

Tried And Tested: The Jet Peel Facial



Supercharge your skincare with a hydrating treatment that will leave your pores refreshed and radiant, says ROSALEEN McMEEL.

We all know the eight glasses a day rule, but when was the last time you harnessed the power of a water-based treatment to boost your skin? When none of the lotions or creams on your bathroom shelf seem to be cutting it anymore, it's time to dial up the intensity of your hydration routine. Look for a facial that focuses on moisturisation. This usually includes humectant-rich products and masks designed to soften and plump skin. Or go even further and try water peeling (water-based formulas without harsh exfoliators).



THE KIT

The Jetpeel Facial Is Seriously Impressive

No wonder Jennifer Aniston is a fan

I t's been likened to a "car wash for your face," perhaps not the most enticing of descriptions, though I have to say it is pretty accurate. I recently lay down on a treatment bed to try the much buzzed-about JetPeel facial for myself. I'll admit the name had me a tad worried. Having one's face peeled by a jet doesn't exactly sound like a pleasant experience. I took a deep breath and braced for the worst.

I was being a wuss for nothing. It turns out it's much less invasive than I'd imagined. Essentially, the device utilizes pressurized air and water to gently stretch the surface of the skin and open microchannels. That allows various solutions to travel deeper inside the epidermis. It's a bit like how microneedling can be used to drive hyaluronic acid or other ingredients into the skin, only with a JetPeel there's no needles.

The actual wand never even comes into contact with your face. All you feel is the liquid and the air. That's also what differentiates the treatment from the very popular HydraFacial, which works more like a vacuum, if you will, sucking all the gunk from your pores. (How appetizing—I know.)



JetPeel

healthline

What Is a Jet Peel? Benefits, Side Effects, Procedure, and Cost



Space Cat / Getty Images

A jet peel facial is a non-invasive procedure that's often used to combat signs of aging, dry skin, and acne. During treatment, pressurized streams of air penetrate into the deep layer of your skin called the dermis to deliver cleansers and serums.

The FDA-approved jet peel has gained popularity in recent years, and offers many of the same benefits as similar treatments like Dermalinfusion or HydraFacial.

Unlike some types of chemical peels and other harsh treatments, jet peels are gentle enough for people with sensitive skin or skin conditions like acne or rosacea.

Keep reading to learn who may benefit from a jet peel facial, what the benefits are, and how much they generally cost.

Jet peel benefits

There's a limited amount of research examining the benefits of jet peel at this time. However, this type of facial treatment has been linked to the following potential benefits.

BYRDIE

Reviewed: The JetPeel Facial Saved My Dry Skin



written by AUDREY NOBLE



medically reviewed by MORGAN RABACH, MD / BOARD-CERTIFIED DERMATOLOGIST



@ERASESPA / DESIGN BY DION MILLS

ry skin can be a real bummer (not to mention a huge challenge to combat). Enter the JetPeel facial, which aims to moisturize and plump the skin with a combination of technology and good, old-fashioned exfoliation.

In search of a way to hydrate my parched skin, I decided to head to Erase Spa in New York City to find out more information and, of course, to get the treatment done myself. Want to know more about the JetPeel facial, including prices? Keep reading.

What Is a JetPeel Facial?

What Is a JetPeel Facial?

DEFINITION A JetPeel facial is a skin treatment that combines 100 percent oxygen and saline in a gentle "jet stream" to exfoliate the skin.

NEW YORK POST

This Texas luxury spa is the hottest new spot to get high on nature

By Dana Wood



The entrance to the 25,000-square-foot Loma de Vida Spa & Wellness center at La Cantera Resort, nestled high in the "hill country" surrounding San Antonio.

La Cantera Resort & Spa

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You've gotta love an award-winning luxury spa that isn't afraid of a little alcohol. Nestled deep in Texas hill country just outside San Antonio, not only is Loma de Vida surrounded by more than 80 local wineries within an hour's drive, the La Cantera Resort it's attached to hosts regular "Women & Whiskey" nights fueled by copious amounts of curated, single-cask bourbon.

Champagne more your thing? Reserve the festive new Veuve Clicquot cabana. Adjacent to one of the 550-acre, 496-room property's five pools, the space serves up ice-cold bubbly in signature tulip flutes alongside fresh fruit and Clicquot-inspired yellow treats, like banana lollipops.

When it's time to put the party on pause, the sprawling



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